

Speaker Bio | Dr. Ruth S. Shim

Dr. Shim provides clinical psychiatric care in the UC Davis Early Diagnosis and Preventative Treatment (EDAPT) Clinic and also serves as associate dean of Diverse and Inclusive Education at the university's School of Medicine. She is a member of the Board of Trustees of the Robert Wood Johnson Foundation and the Scientific Advisory Council of Bring Change to Mind, an organization co-founded by actress Glenn Close to reduce stigma and discrimination associated with mental illness. Shim serves on the editorial boards of JAMA Psychiatry, Psychiatric Services, Community Mental

Health Journal, and American Psychiatric Publishing. She is co-editor of the books *The Social Determinants of Mental Health and Social (In)Justice* and *Mental Health*. Shim holds a master's in public health from Rollins School of Public Health at Emory University and earned her MD from Emory University School of Medicine. In 2021, she received the NAMI Exemplary Psychiatrist Award and the UC Davis Health Deans' Award for Excellence in Mentoring. Shim was named a Top 20 Black Change Maker by The Sacramento Bee in 2023.